

Ergebnisse

3. Lauf im Niederlausitz-Cup 2011

13. März 2011 - Bad Muskau

17. Schlossparklauf Bad Muskau

10 km

M 16/17

| | | | | |
|---------------------|------|---------------------------|---------|----|
| 1. Peschick, Joshua | 1995 | FLB Cottbus | 45:47 | 30 |
| 2. Klotz, Stefan | 1995 | SV Großräschen | 48:24 | 27 |
| 3. Wienigk, Andy | 1995 | SV Neptun 08 Finsterwalde | 1:06:26 | 24 |

M 18/19

| | | | | |
|-------------------------|------|---------------------------|---------|----|
| 1. Knote, Lucas | 1993 | TSG KW Boxberg/Weißwasser | 39:36 | 30 |
| 2. Schmidtchen, Phillip | 1993 | SV Großräschen | 1:03:17 | 27 |

M 20

| | | | | |
|--------------------|------|------------------------|-------|----|
| 1. Seher, Daniel | 1982 | LC Cottbus | 35:58 | 30 |
| 2. Rotter, Michael | 1982 | SV Wacker Komptendorf | 42:19 | 27 |
| 3. Bossan, René | 1988 | SV Großräschen | 47:19 | 24 |
| 4. Habeck, David | 1986 | LT Lausitz Hoyerswerda | 48:01 | 22 |
| 5. Wagner, Manuel | 1989 | SV Großräschen | 48:07 | 21 |

M 30

| | | | | |
|---------------------|------|--------------------|-------|----|
| 1. During, Sven | 1979 | LC Cottbus | 37:26 | 30 |
| 2. Linke, Christian | 1978 | LTSV Forst 1990 | 43:00 | 27 |
| 3. Eckhardt, Adrian | 1977 | ASV Rothenburg | 45:31 | 24 |
| 4. Pohl, Maik | 1977 | Spremberg | 46:22 | 22 |
| 5. Buckwitz, Frank | 1981 | Team Pinki & Brain | 47:45 | |
| 6. Teich, Thomas | 1981 | NLLB Cottbus | 48:02 | 21 |
| 7. Klatt, André | 1980 | SV Großräschen | 50:25 | 20 |
| 8. Link, Stefan | 1977 | AWO Bautzen | 50:58 | 19 |

M 35

| | | | | |
|------------------------|------|-------------------------------|-------|----|
| 1. Hantschick, Ricardo | 1973 | Großdubrau | 40:49 | 30 |
| 2. Thomel, Alexander | 1973 | Bad Muskau | 43:40 | 27 |
| 3. Bär, Steffen | 1975 | LTSV Forst 1990 | 46:30 | 24 |
| 4. Ullrich, Sebastian | 1973 | Pulsschlag Erzgebirge Dresden | 47:47 | 22 |

M 40

| | | | | |
|-----------------------|------|---------------------------|---------|----|
| 1. Stenzel, Ingo | 1967 | SV Motor Saspow | 42:05 | 30 |
| 2. Wolf, Michael | 1970 | Helaswölfe Bautzen | 42:21 | 27 |
| 3. Lenz, Michael | 1967 | Berlin | 42:37 | 24 |
| 4. Tiedemann, Rico | 1969 | Cottbuser Laufsocken | 44:39 | 22 |
| 5. Rätze, Ernst | 1971 | Spremberg | 45:57 | 21 |
| 6. Lück, Jens | 1970 | Cottbus | 49:20 | 20 |
| 7. Schönfeld, Karsten | 1968 | LTSV Forst 1990 | 50:32 | 19 |
| 8. Beer, Carsten | 1967 | TSG KW Boxberg/Weißwasser | 50:38 | 18 |
| 9. Bertholdt, André | 1971 | SC Hoyerswerda | 50:44 | 17 |
| 10. Schumann, Heiner | 1967 | TV Krauschwitz | 1:00:03 | 16 |

M 45

| | | | | |
|----------------------|------|---------------------------|---------|----|
| 1. Rewaj, Jan | 1963 | Zary/Polen | 37:31 | |
| 2. Zablotny, Wieslaw | 1966 | Legnica/Polen | 37:52 | |
| 3. Hitziger, Thomas | 1963 | LTSV Forst 1990 | 38:15 | 30 |
| 4. Busse, Ingo | 1962 | LTSV Forst 1990 | 43:23 | 27 |
| 5. Duschka, Kay | 1966 | SV Wacker Komptendorf | 43:43 | 24 |
| 6. Melke, Roland | 1962 | SV Großräschen | 44:27 | 22 |
| 7. Markgraf, Thomas | 1963 | SV Großräschen | 44:44 | 21 |
| 8. Reitsch, Karsten | 1963 | Cottbuser Laufsocken | 45:12 | 20 |
| 9. Walter, Steffen | 1966 | TSG KW Boxberg/Weißwasser | 46:02 | 19 |
| 10. Dreßler, Andreas | 1963 | SV Großräschen | 47:26 | 18 |
| 11. Malski, Piotr | 1965 | Lubin/Polen | 47:40 | |
| 12. Balog, Gyula | 1964 | SV Großräschen | 47:58 | 17 |
| 13. Karran, Ralf | 1965 | Cottbus | 48:22 | 16 |
| 14. Löwa, Gerd | 1963 | Cottbus | 48:28 | 15 |
| 15. Lippert, Torsten | 1965 | LTSV Forst 1990 | 50:22 | 14 |
| 16. Wiesner, Dirk | 1964 | KSV Quackensturm Cottbus | 52:18 | 13 |
| 17. Schiemann, Jörg | 1966 | SV Großräschen | 52:44 | 12 |
| 18. Faber, Knut | 1962 | SV Großräschen | 56:41 | 11 |
| 19. Noack, Thomas | 1965 | TSG KW Boxberg/Weißwasser | 1:06:25 | 10 |

M 50

| | | | | |
|----------------------------|------|-----------------------------|---------|----|
| 1. Brunsch, Ingolf | 1960 | LTSV Forst 1990 | 40:13 | 30 |
| 2. Ernst, Ralf | 1958 | LG Wartturm Niesky | 41:53 | 27 |
| 3. Grisk, Detlef | 1960 | LG Vetschau | 42:15 | 24 |
| 4. Münch, Gundolf | 1961 | Cottbus | 43:39 | 22 |
| 5. Spreer, Rolf | 1960 | Team Sport Freigang Cottbus | 44:03 | 21 |
| 6. Hock, Andreas | 1957 | TSG KW Boxberg/Weißwasser | 48:00 | 20 |
| 7. Hiller, Dieter | 1960 | Krauschwitz | 48:27 | 19 |
| 8. Groß, Klaus | 1960 | LT Lausitz Hoyerswerda | 49:03 | 18 |
| 9. Zimmermann, Frank | 1960 | Weißwasser | 49:38 | 17 |
| 10. Weiß, Dietmar | 1958 | Cottbus | 50:35 | 16 |
| 11. Görsch, Harri | 1961 | SV Wacker Komptendorf | 51:36 | 15 |
| 12. Richter, Uwe | 1961 | Cottbuser Laufsocken | 54:00 | 14 |
| 13. Maier-Peveling, Dieter | 1961 | Team Sport Freigang Cottbus | 57:00 | 13 |
| 14. Mühle, Uwe | 1959 | TSG KW Boxberg/Weißwasser | 1:00:34 | 12 |

M 55

| | | | | |
|-------------------------|------|----------------------------------|---------|----|
| 1. Krüger, Hans-Torsten | 1956 | LC Cottbus | 39:18 | 30 |
| 2. Petzold, Reinhard | 1952 | Bautzener LV Rot-Weiß 90 | 39:25 | 27 |
| 3. Wohlgemuth, Dietmar | 1955 | OSC Löbau | 39:54 | 24 |
| 4. Warzawski, Jerzy | 1953 | PGNIG Zielona Gora/Polen | 41:06 | |
| 5. Pohle, Hans-Joachim | 1955 | SV Großräschen | 43:35 | 22 |
| 6. Koal, Gerd | 1952 | NLLB Cottbus | 45:38 | 21 |
| 7. Rul, Wladimir | 1956 | Lausitzer Seenläufer Hoyerswerda | 48:30 | 20 |
| 8. Jannaschk, Bernd | 1956 | Cottbuser Parkläufer | 51:25 | 19 |
| 9. Hänel, Jörg | 1953 | TSG KW Boxberg/Weißwasser | 52:15 | 18 |
| 10. Hofer, Michael | 1955 | Bad Muskau | 52:28 | 17 |
| 11. Grüneberg, Manfred | 1955 | LT Lausitz Hoyerswerda | 52:42 | 16 |
| 12. Peto, Ingo | 1956 | Hoyerswerda | 54:06 | 15 |
| 13. Florich, Volkmar | 1955 | RBB-Laufbewegung Cottbus | 59:11 | 14 |
| 14. Bär, Volkmar | 1952 | Forst | 1:04:23 | 13 |

M 60

| | | | | |
|-------------------------|------|-------------------------------|-------|----|
| 1. Dygudaj, Jerzy | 1949 | Legnica/Polen | 44:07 | |
| 2. Garczynski, Grzegorz | 1947 | Lubin/Polen | 44:32 | |
| 3. Sasse, Dieter | 1948 | SMV Eisenhüttenstadt | 44:35 | 30 |
| 4. Krüger, Klaus-Stefan | 1950 | MSV Tripoint Frankfurt (Oder) | 46:33 | 27 |
| 5. Raschke, Bodo | 1951 | TSG KW Boxberg/Weißwasser | 47:52 | 24 |

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|--------------------------|------|----------------------------|---------|----|
| 6. Kleemann, Edgar | 1951 | FLG Spremberg | 50:31 | 22 |
| 7. Hensel, Heinz | 1950 | City-Sprint Europa Cottbus | 50:36 | 21 |
| 8. List, Hans-Joachim | 1949 | Ruhland | 51:08 | 20 |
| 9. Braeuer, Dr. Dietmar | 1947 | NLLB Cottbus | 52:32 | 19 |
| 10. Pfennig, Dirk | 1948 | LTSV Forst 1990 | 55:08 | 18 |
| 11. Blochberger, Manfred | 1947 | TSG KW Boxberg/Weißwasser | 1:06:52 | 17 |

M 65

| | | | | |
|---------------------------|------|----------------------------------|---------|----|
| 1. Oppitz, Siegbert | 1945 | FLB Cottbus | 46:44 | 30 |
| 2. Stolze, Peter | 1943 | Bautzen | 46:58 | 27 |
| 3. Heiden, Eckehard | 1945 | SV Wacker Komptendorf | 48:44 | 24 |
| 4. Kley, Bernd | 1944 | NLLB Cottbus | 52:19 | 22 |
| 5. Petzold, Wolfgang | 1944 | Vetschau | 53:21 | 21 |
| 6. Hoffmann, Siegfried | 1943 | Lausitzer Seenläufer Hoyerswerda | 53:58 | 20 |
| 7. Wockenfuß, Wilfried | 1946 | LTSV Forst 1990 | 54:40 | 19 |
| 8. Kloß, Klaus-Dieter | 1944 | Lausitzer Seenläufer Hoyerswerda | 55:29 | 18 |
| 9. Gölkel, Norbert | 1945 | LC Cottbus | 56:12 | 17 |
| 10. Krowitzky, Heiner | 1942 | NLLB Cottbus | 56:42 | 16 |
| 11. Hannusch, Hans-Jürgen | 1943 | TSG KW Boxberg/Weißwasser | 58:50 | 15 |
| 12. Schindler, Hartmut | 1945 | OSC Löbau | 1:07:10 | 14 |
| 13. Klösel, Helmut | 1942 | NLLB Cottbus | 1:12:34 | 13 |

M 70

| | | | | |
|----------------------|------|--------------------------|---------|----|
| 1. Primke, Siegfried | 1939 | LTSV Forst 1990 | 47:06 | 30 |
| 2. Harms, Siegfried | 1941 | NLLB Cottbus | 49:54 | 27 |
| 3. Berneck, Günter | 1941 | RBB-Laufbewegung Cottbus | 51:42 | 24 |
| 4. Dümke, Jürgen | 1937 | NLLB Cottbus | 56:03 | 22 |
| 5. Berndt, Rudolf | 1938 | Lübbenau/OT Eisdorf | 1:25:27 | 21 |

M 75

| | | | | |
|------------------|------|-------------------|---------|----|
| 1. Zosel, Armin | 1934 | TSV 1862 Radeburg | 52:23 | 30 |
| 2. Paul, Wilhelm | 1934 | LG Asics Pirna | 1:00:41 | 27 |

M 80

| | | | | |
|----------------------|------|--------------|---------|----|
| 1. Noack, Karl-Heinz | 1928 | NLLB Cottbus | 1:16:59 | 30 |
|----------------------|------|--------------|---------|----|

W 20

| | | | | |
|-----------------------|------|--------------------|---------|----|
| 1. Kranich, Franziska | 1984 | SV KOWEG Görlitz | 43:21 | 19 |
| 2. Paschke, Manuela | 1984 | SG Crostwitz 1981 | 52:54 | 18 |
| 3. Bergmann, Janette | 1982 | Team Pinki & Brain | 1:04:40 | |

W 30

| | | | | |
|------------------|------|----------------|-------|----|
| 1. John, Corinna | 1977 | ASV Rothenburg | 52:24 | 19 |
|------------------|------|----------------|-------|----|

W 35

| | | | | |
|------------------------|------|-------------------|-------|----|
| 1. Heiduschka, Claudia | 1974 | SG Crostwitz 1981 | 46:38 | 20 |
| 2. Dönnicke, Peggy | 1973 | ASV Rothenburg | 59:44 | 19 |

W 40

| | | | | |
|---------------------|------|-----------|-------|----|
| 1. Sternitzki, Ines | 1967 | Spremberg | 51:35 | 19 |
|---------------------|------|-----------|-------|----|

W 45

| | | | | |
|-------------------|------|----------------------|---------|----|
| 1. Reitsch, Doris | 1963 | Cottbuser Laufsocken | 1:09:08 | 21 |
|-------------------|------|----------------------|---------|----|

W 55

| | | | | |
|------------------------|------|-----------|-------|----|
| 1. Wohlgemuth, Kerstin | 1956 | OSC Löbau | 47:29 | 24 |
|------------------------|------|-----------|-------|----|

W 60

| | | | | |
|---------------------|------|---------------------|---------|----|
| 1. Berndt, Eleonore | 1949 | Lübbenau/OT Eisdorf | 1:14:59 | 27 |
|---------------------|------|---------------------|---------|----|

5 km

M 06/11

| | | | | |
|------------------------|------|----------------|-------|----|
| 1. Müller, Niklas | 2002 | SV Döbern | 23:32 | 30 |
| 2. Kasprick, Tom-Lucas | 2000 | LC Cottbus | 24:11 | 27 |
| 3. Roschk, Theodor | 2001 | Kreba-Neudorf | 25:12 | 24 |
| 4. Klotz, Alexander | 2001 | SV Großräschen | 27:18 | 22 |
| 5. Rotter, Florian | 2002 | LC Cottbus | 32:19 | 21 |

M 12/13

| | | | | |
|----------------------|------|---------------------------|-------|----|
| 1. Krampe, Paul | 1998 | TSG KW Boxberg/Weißwasser | 21:02 | 30 |
| 2. Richter, Vincent | 1999 | SV Großräschen | 22:50 | 27 |
| 3. Wienigk, Leo | 1998 | SV Neptun 08 Finsterwalde | 24:09 | 24 |
| 4. Vater, Elias | 1998 | Boxberg | 27:11 | 22 |
| 5. Neitzke, Justin | 1998 | SV Großräschen | 27:51 | 21 |
| 6. Bieder, Aaron | 1998 | Niesky | 28:01 | 20 |
| 7. Seidel, Eric | 1999 | SV Großräschen | 30:54 | 19 |
| 8. Schmidtchen, Paul | 1998 | SV Großräschen | 31:26 | 18 |

M 14/15

| | | | | |
|-------------------------|------|--------------------------|-------|----|
| 1. Locke, Leonard | 1996 | Bautzener LV Rot-Weiß 90 | 20:55 | 30 |
| 2. Stenzel, Max Richard | 1997 | SV Motor Saspow | 24:39 | 27 |
| 3. Golk, Marius | 1996 | SV Großräschen | 28:34 | 24 |

M 16/17

| | | | | |
|----------------|------|---------------------------|-------|----|
| 1. Krampe, Max | 1995 | TSG KW Boxberg/Weißwasser | 29:14 | 22 |
|----------------|------|---------------------------|-------|----|

M 18/19

| | | | | |
|--------------------|------|-----------------------|-------|----|
| 1. Hitziger, Jonas | 1992 | SG Automation Cottbus | 22:02 | 24 |
| 2. Schallwig, Olaf | 1993 | Weißkeißel | 24:55 | 22 |

M 20

| | | | | |
|----------------------------|------|-------------------------|-------|----|
| 1. Metho, André | 1982 | TSV Hertha Hornow | 22:29 | 20 |
| 2. Raabe, Steven | 1983 | TSV Hertha Hornow | 22:30 | 19 |
| 3. Noack, Olaf | 1989 | SV Grün-Weiß Weißwasser | 23:15 | 18 |
| 4. Nöpel, Julius-Alexander | 1990 | TSV Dresden | 27:49 | 17 |
| 5. Kootz, René | 1983 | LT Lausitz Hoyerswerda | 29:16 | 16 |
| 6. Schlachte, Rainer | 1986 | LT Lausitz Hoyerswerda | 41:08 | 15 |
| 7. Mandrossa, Stefan | 1985 | LT Lausitz Hoyerswerda | 45:37 | 14 |

M 30

| | | | | |
|---------------------|------|------------|-------|----|
| 1. Beyer, Sebastian | 1981 | PSV Zittau | 18:23 | 18 |
| 2. Ansorge, Henrik | 1977 | Bad Muskau | 22:56 | 17 |
| 3. Fenske, Michael | 1977 | Bad Muskau | 25:24 | 16 |

M 35

| | | | | |
|----------------|------|---------|-------|----|
| 1. Rabe, Sirko | 1975 | Dresden | 24:53 | 21 |
|----------------|------|---------|-------|----|

M 40

| | | | | |
|---------------------|------|--------------------|-------|----|
| 1. Roschk, Torsten | 1968 | Kreba-Neudorf | 30:03 | 15 |
| 2. Vater, Thomas | 1971 | Boxberg | 31:07 | 14 |
| 3. Dewart, Ralf | 1968 | Kreba-Neudorf | 31:08 | 13 |
| 4. Kassin, Jens-Uwe | 1969 | Kiezläufer Cottbus | 33:07 | 12 |

M 45

| | | | | |
|----------------------|------|----------------|-------|---|
| 1. Bötticher, Rudolf | 1962 | TK zu Hannover | 19:52 | 9 |
| 2. Rettig, Andreas | 1964 | LC Cottbus | 24:27 | 8 |

M 50

| | | | | |
|----------------------|------|---------------------------|-------|----|
| 1. Scheffer, Andreas | 1958 | TSG KW Boxberg/Weißwasser | 25:25 | 11 |
| 2. Bertram, Andreas | 1959 | Uhsmannsdorf | 26:46 | 10 |

M 55

| | | | | |
|---------------------|------|-----------------------------|-------|----|
| 1. Tillig, Frank | 1955 | LSV Niesky | 21:56 | 12 |
| 2. Rejke, Bernhard | 1953 | Team Sport Freigang Cottbus | 25:32 | 11 |
| 3. Herntier, Jürgen | 1953 | Spremberg | 30:19 | 10 |

M 65

| | | | | |
|----------------------|------|---------------------|-------|----|
| 1. Pakoßnick, Gernot | 1942 | FSG Bautzen | 26:52 | 12 |
| 2. Selleng, Fritz | 1943 | BSG Turbine Cottbus | 34:57 | 11 |

M 70

| | | | | |
|-------------------|------|-----------------|-------|----|
| 1. Schulz, Dieter | 1937 | LTSV Forst 1990 | 31:14 | 20 |
|-------------------|------|-----------------|-------|----|

M 75

| | | | | |
|------------------------|------|------------------|-------|----|
| 1. Miek, Ehrhard | 1933 | LTSV Forst 1990 | 30:25 | 24 |
| 2. Beyer, Klaus | 1932 | LG Vetschau | 32:14 | 22 |
| 3. Nuck, Georg | 1934 | SV Sokol Bautzen | 32:56 | 21 |
| 4. Lerche, Dr. Bertram | 1934 | LTSV Forst 1990 | 40:58 | 20 |

W 06/11

| | | | | |
|--------------------|------|-----------------------|-------|----|
| 1. Müller, Annika | 2000 | PSV Cottbus | 24:07 | 30 |
| 2. Gunsilius, Anna | 2000 | SV Wacker Komptendorf | 27:21 | 27 |
| 3. Duschka, Jette | 2000 | SV Wacker Komptendorf | 29:24 | 24 |
| 4. Vater, Elin | 2001 | Boxberg | 30:51 | 22 |

W 12/13

| | | | | |
|-----------------------|------|---------------------------|-------|----|
| 1. Beer, Jasmin | 1998 | TSG KW Boxberg/Weißwasser | 22:32 | 30 |
| 2. Noack, Celine | 1998 | Bautzener LV Rot-Weiß 90 | 22:35 | 27 |
| 3. Roß, Svenja | 1999 | SV Wacker Komptendorf | 25:44 | 24 |
| 4. Weichert, Michelle | 1998 | SV Wacker Komptendorf | 27:36 | 22 |
| 5. Natusch, Thea | 1998 | SV Großräschen | 32:07 | 21 |

W 14/15

| | | | | |
|----------------------------|------|--------------------------|-------|----|
| 1. Reichwald, Lilli-Marlen | 1997 | Bautzener LV Rot-Weiß 90 | 21:17 | 30 |
| 2. Wiesner, Johanna | 1997 | KSV Quackensturm Cottbus | 27:30 | 27 |
| 3. Walter, Sophie | 1996 | FSG Niesky | 28:29 | 24 |
| 4. Schrade, Clarissa | 1997 | SV Großräschen | 31:29 | 22 |

W 18/19

| | | | | |
|-------------------|------|----------------|-------|----|
| 1. Balog, Lisa | 1992 | SV Großräschen | 27:58 | 30 |
| 2. Melke, Carolin | 1993 | SV Großräschen | 30:05 | 27 |

W 20

| | | | | |
|-------------------|------|-----------------------|-------|----|
| 1. Köhler, Ines | 1985 | FLB Cottbus | 20:58 | 30 |
| 2. Hermann, Diana | 1982 | LTSV Forst 1990 | 23:12 | 27 |
| 3. Walter, Antje | 1982 | Dresden | 27:03 | 24 |
| 4. Brocke, Bianka | 1985 | SV Großräschen | 28:19 | 22 |
| 5. Roß, Tanja | 1991 | SV Wacker Komptendorf | 32:11 | 21 |
| 6. Balog, Susan | 1991 | SV Großräschen | 38:39 | 20 |

W 30

| | | | | |
|------------------------|------|----------------------------|-------|----|
| 1. Melisch, Jeanette | 1979 | SV Großräschen | 26:27 | 30 |
| 2. Reiprecht, Kerstin | 1977 | Sonne bewegt Berge Leipzig | 27:26 | 27 |
| 3. Morgenstern, Mareen | 1978 | FLB Cottbus | 27:40 | 24 |
| 4. Kaiser, Annekatrin | 1979 | Dresden | 27:43 | 22 |
| 5. Noack, Antje | 1978 | LTSV Forst 1990 | 29:46 | 21 |

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|--------------------------------|------|-------------------------------|-------|----|
| 6. Fenske, Ivonne | 1978 | Bad Muskau | 31:02 | 20 |
| W 35 | | | | |
| 1. Beeg, Nataliya | 1973 | SV Großräschen | 25:36 | 30 |
| 2. Neumeister, Ramona | 1975 | TSG KW Boxberg/Weißwasser | 28:41 | 27 |
| 3. Rätze, Yvonne | 1975 | Spremberg | 29:13 | 24 |
| 4. Matk, Silvia | 1973 | Dresden | 29:40 | 22 |
| 5. Hentschel, Annett | 1976 | Gablenz-Kromlau | 29:41 | 21 |
| W 40 | | | | |
| 1. Richter, Kerstin | 1967 | SV Großräschen | 22:58 | 30 |
| 2. Stenzel, Gritt | 1968 | SV Motor Saspow | 25:34 | 27 |
| 3. Sieghardt, Doreen | 1968 | SV Großräschen | 25:53 | 24 |
| 4. Wiesner, Kathrin | 1967 | KSV Quackensturm Cottbus | 28:35 | 22 |
| 5. Lehmann, Claudia | 1971 | SV Großräschen | 28:50 | 21 |
| 6. Müller, Ute | 1967 | TV Krauschwitz | 33:39 | 20 |
| W 45 | | | | |
| 1. Mönch, Sabine | 1963 | Krauschwitz | 21:20 | 30 |
| 2. Kasprick, Petra | 1966 | LC Cottbus | 25:30 | 27 |
| 3. Kretschmer, Sabine | 1964 | LG Wartturm Niesky | 27:04 | 24 |
| 4. Schwingewitzen, Annekathrin | 1962 | SV Großräschen | 27:28 | 22 |
| W 50 | | | | |
| 1. Böse, Sigrid | 1958 | TSG KW Boxberg/Weißwasser | 23:47 | 30 |
| 2. Neumann, Cornelia | 1959 | LC Cottbus | 24:19 | 27 |
| 3. Plaskuda, Petra | 1960 | TSG KW Boxberg/Weißwasser | 27:46 | 24 |
| 4. Förster, Ingrid | 1958 | LTSV Forst 1990 | 28:05 | 22 |
| 5. Richartz, Eveline | 1957 | SV Großräschen | 28:54 | 21 |
| 6. Bertram, Margit | 1959 | Uhsmannsdorf | 29:11 | 20 |
| 7. Mischke, Angelika | 1958 | SV Großräschen | 29:33 | 19 |
| 8. Zimmermann, Christa | 1957 | LTSV Forst 1990 | 32:27 | 18 |
| 9. Hock, Mechthild | 1961 | TSG KW Boxberg/Weißwasser | 33:48 | 17 |
| W 55 | | | | |
| 1. Jachmann, Christina | 1956 | LTSV Forst 1990 | 25:39 | 30 |
| 2. Braeuer, Adelheid | 1953 | NLLB Cottbus | 34:23 | 27 |
| W 60 | | | | |
| 1. Krüger, Sigrid | 1950 | MSV Tripoint Frankfurt (Oder) | 26:07 | 30 |
| W 65 | | | | |
| 1. Nattke, Gisela | 1945 | LTSV Forst 1990 | 30:29 | 30 |
| 2. Krowitzky, Regina | 1945 | NLLB Cottbus | 32:29 | 27 |
| W 70 | | | | |
| 1. Schulz, Rosemarie | 1941 | BSG Turbine Cottbus | 34:56 | 30 |
| W 75 | | | | |
| 1. Lerche, Ruth | 1936 | LTSV Forst 1990 | 36:55 | 30 |
| 2. Pohl, Brigitte | 1932 | LT Lausitz Hoyerswerda | 50:42 | 27 |

2,5 km

M 06/11

| | | | | |
|---------------------|------|--------------------------|-------|----|
| 1. Krätschel, Brian | 2000 | Bautzener LV Rot-Weiß 90 | 11:50 | 20 |
| 2. Zarse, Finn | 2002 | SV Döbern | 12:07 | 19 |
| 3. Iwanowski, Denis | 2001 | LT Lausitz Hoyerswerda | 14:31 | 18 |
| 4. Bieder, Simon | 2002 | Boxberg | 15:00 | 17 |
| 5. Dewart, Johannes | 2003 | Kreba-Neudorf | 16:00 | 16 |
| 6. Delaloy, Nathan | 2004 | TuS Finkenwerda | 16:58 | 15 |

M 12/13

| | | | | |
|------------------|------|---------------|-------|----|
| 1. Roschk, Franz | 1999 | Kreba-Neudorf | 15:56 | 17 |
|------------------|------|---------------|-------|----|

M 30

| | | | | |
|------------------------|------|-------------|-------|--|
| 1. Grummlich, Benjamin | 1979 | Krauschwitz | 13:33 | |
|------------------------|------|-------------|-------|--|

M 40

| | | | | |
|------------------|------|---------|-------|--|
| 1. Bieder, Frank | 1971 | Boxberg | 15:02 | |
|------------------|------|---------|-------|--|

W 06/11

| | | | | |
|------------------------|------|------------------------|-------|----|
| 1. Bernhard, Isabell | 2000 | LC Cottbus | 11:40 | 21 |
| 2. Schönwälder, Leonie | 2002 | SV Döbern | 13:49 | 20 |
| 3. Dewart, Cecil | 2001 | Kreba-Neudorf | 14:28 | 19 |
| 4. Opitz, Jessica | 2005 | LT Lausitz Hoyerswerda | 14:30 | 18 |
| 5. Zinke, Carla | 2000 | Gablenz | 14:55 | 17 |
| 6. Roschk, Emma | 2003 | Kreba-Neudorf | 18:07 | 16 |
| 7. Weichert, Jasmin | 2005 | SV Wacker Komptendorf | 21:47 | 15 |

W 12/13

| | | | | |
|-------------------|------|-----------|-------|----|
| 1. Mieth, Vanessa | 1998 | SV Döbern | 13:48 | 20 |
|-------------------|------|-----------|-------|----|

W 35

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|-------------------|------|-----------------------|-------|--|
| 1. Roschk, Ulrike | 1974 | Kreba-Neudorf | 16:56 | |
| 2. Weichert, Ute | 1972 | SV Wacker Komptendorf | 21:49 | |

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| 1. Dewart, Antje | 1969 | Kreba-Neudorf | 18:08 | |
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