

Ergebnisse

3. Lauf im Fürst-Pückler-Pokal 2013

28. März 2013 - Forst

XXXIII. Forster Osterlauf

6 km

M 12/13

| | | | | |
|------------------|------|---------------------------|-------|--|
| 1. Radow, Fabius | 2000 | TSG KW Boxberg/Weißwasser | 28:41 | |
|------------------|------|---------------------------|-------|--|

M 14/15

| | | | | |
|-------------------------|------|-----------------------------|-------|----|
| 1. Emmerich, Max Marius | 1999 | LC Cottbus | 25:24 | 30 |
| 2. Krampe, Paul | 1998 | TSG KW Boxberg/Weißwasser | 25:42 | 27 |
| 3. Brotze, Nico | 1999 | Forst | 26:12 | 24 |
| 4. Förster, Lukas | 1999 | SG Grüne Eiche Großthiemig | 27:30 | 22 |
| 5. Geike, Tobias | 1998 | Team Sport Freigang Cottbus | 37:31 | 21 |

M 16/17

| | | | | |
|-------------------------|------|-----------------|-------|----|
| 1. Karras, Conny | 1996 | LC Cottbus | 23:25 | 30 |
| 2. Stenzel, Max Richard | 1997 | SV Motor Saspow | 28:28 | 27 |

M 20

| | | | | |
|-----------------------|------|----------------------|-------|----|
| 1. Schwedusch, Kilian | 1989 | Lieske | 26:10 | 30 |
| 2. Engmann, Marco | 1984 | SV Blau-Weiß Kromlau | 28:40 | 27 |

M 30

| | | | | |
|--------------------|------|-----------------------|-------|----|
| 1. Rotter, Michael | 1982 | SV Wacker Komptendorf | 22:56 | 30 |
| 2. Judis, Robert | 1981 | T-Rex-Team Peitz | 24:04 | 27 |

M 35

| | | | | |
|----------------------|------|-----------------------------|-------|----|
| 1. Seibt, Daniel | 1977 | Team Sport Freigang Cottbus | 22:12 | 30 |
| 2. Habertag, Mathias | 1974 | SV Wacker Komptendorf | 24:55 | 27 |
| 3. Linke, Christian | 1978 | LTSV Forst 1990 | 25:17 | 24 |

M 40

| | | | | |
|----------------------|------|-----------------------------|-------|----|
| 1. Sperling, Andreas | 1971 | Team Sport Freigang Cottbus | 22:13 | 30 |
| 2. Thierfelder, Lutz | 1972 | LTSV Forst 1990 | 22:43 | 27 |
| 3. Worlitz, Gordon | 1972 | LTSV Forst 1990 | 23:12 | 24 |

M 45

| | | | | |
|-----------------------|------|---------------------------|-------|----|
| 1. Stenzel, Ingo | 1967 | SV Motor Saspow | 24:06 | 30 |
| 2. Kahle-Böhlig, Jens | 1966 | Döbern | 26:21 | 27 |
| 3. Hayne, Ulrich | 1965 | TSG KW Boxberg/Weißwasser | 27:31 | 24 |
| 4. Schönfeld, Karsten | 1968 | LTSV Forst 1990 | 29:35 | 22 |

M 50

| | | | | |
|--------------------|------|-----------------------|-------|----|
| 1. Herke, Wolfgang | 1963 | LTSV Forst 1990 | 21:46 | 30 |
| 2. Brunsch, Ingolf | 1960 | LTSV Forst 1990 | 23:31 | 27 |
| 3. Wegner, Frank | 1959 | TSV Cottbus | 25:46 | 24 |
| 4. Hansel, Andreas | 1959 | LTSV Forst 1990 | 28:14 | 22 |
| 5. Görsch, Harri | 1961 | SV Wacker Komptendorf | 28:36 | 21 |

M 55

| | | | | |
|-----------------------|------|-----------------|-------|----|
| 1. Schwiebs, Bernd | 1957 | Hoyerswerda | 24:22 | 30 |
| 2. Briesemann, Roland | 1957 | LTSV Forst 1990 | 27:15 | 27 |
| 3. Ulrich, Bernd | 1956 | LTSV Forst 1990 | 28:05 | 24 |
| 4. Przychodzki, Frank | 1954 | LTSV Forst 1990 | 30:11 | 22 |
| 5. Weiß, Dietmar | 1958 | Cottbus | 30:15 | 21 |

M 60

| | | | | |
|-------------------------|------|-------------------------------|-------|----|
| 1. Koal, Gerd | 1952 | NLLB Cottbus | 24:40 | 30 |
| 2. Tischer, Dietmar | 1952 | LTSV Forst 1990 | 26:28 | 27 |
| 3. Krüger, Klaus-Stefan | 1950 | MSV Tripoint Frankfurt (Oder) | 27:55 | 24 |
| 4. Raschke, Bodo | 1951 | TSG KW Boxberg/Weißwasser | 29:07 | 22 |
| 5. Cser, Istvan | 1953 | LTSV Forst 1990 | 31:07 | 21 |

M 65

| | | | | |
|------------------|------|-----------------|-------|----|
| 1. Pfennig, Dirk | 1948 | LTSV Forst 1990 | 32:41 | 30 |
|------------------|------|-----------------|-------|----|

M 70

| | | | | |
|--------------------------|------|---------------------------|-------|----|
| 1. Hannusch, Hans-Jürgen | 1943 | TSG KW Boxberg/Weißwasser | 33:27 | 30 |
| 2. Krowitzky, Heiner | 1942 | NLLB Cottbus | 34:29 | 27 |
| 3. Frieß, Horst | 1940 | LTSV Forst 1990 | 36:41 | 24 |
| 4. Lischka, Detlef | 1943 | LTSV Forst 1990 | 41:16 | 22 |

M 75

| | | | | |
|-----------------------------|------|-----------------|-------|----|
| 1. Tschirner, Klaus-Diether | 1936 | SV Lok Schleife | 30:05 | 30 |
| 2. Schulz, Dieter | 1937 | LTSV Forst 1990 | 36:42 | 27 |
| 3. Otto, Klaus | 1938 | NLLB Cottbus | 43:50 | 24 |

M 80

| | | | | |
|------------------|------|-----------------|-------|----|
| 1. Miek, Ehrhard | 1933 | LTSV Forst 1990 | 39:21 | 30 |
| 2. Linke, Horst | 1932 | NLLB Cottbus | 45:42 | 27 |

W 14/15

| | | | | |
|----------------------|------|---------------------------|-------|----|
| 1. Beer, Jasmin | 1998 | TSG KW Boxberg/Weißwasser | 23:09 | 30 |
| 2. Schönfeld, Denise | 1998 | LTSV Forst 1990 | 28:47 | 27 |

W 30

| | | | | |
|------------------|------|------------|-------|----|
| 1. Rübesam, Romy | 1983 | Trebendorf | 28:32 | 30 |
|------------------|------|------------|-------|----|

W 35

| | | | | |
|-----------------------|------|-----------------------------|-------|----|
| 1. Skeries, Alexandra | 1978 | BSG Pneumant Fürstenwalde | 27:43 | 30 |
| 2. Kloster, Antje | 1976 | Team Sport Freigang Cottbus | 31:42 | 27 |

W 40

| | | | | |
|------------------|------|-----------------|-------|----|
| 1. Kühnel, Peggy | 1971 | LTSV Forst 1990 | 34:20 | 30 |
|------------------|------|-----------------|-------|----|

W 50

| | | | | |
|----------------------|------|-----------------|-------|----|
| 1. Handreck, Petra | 1962 | LTSV Forst 1990 | 30:45 | 30 |
| 2. Emmerich, Gundula | 1961 | Forst | 32:52 | 27 |

W 55

| | | | | |
|------------------------|------|---------------------------|-------|----|
| 1. Jachmann, Christina | 1956 | LTSV Forst 1990 | 29:40 | 30 |
| 2. Förster, Ingrid | 1958 | LTSV Forst 1990 | 31:48 | 27 |
| 3. Henschke, Gudrun | 1955 | LTSV Forst 1990 | 33:39 | 24 |
| 4. Kaiser, Christine | 1956 | TSG KW Boxberg/Weißwasser | 33:45 | 22 |
| 5. Reiter, Petra | 1956 | LTSV Forst 1990 | 39:13 | 21 |

W 60

| | | | | |
|-------------------|------|-------------------------------|-------|----|
| 1. Koal, Ingrid | 1949 | NLLB Cottbus | 29:14 | 30 |
| 2. Krüger, Sigrid | 1950 | MSV Tripoint Frankfurt (Oder) | 31:34 | 27 |

W 65

| | | | | |
|----------------------|------|--------------|-------|----|
| 1. Krowitzky, Regina | 1945 | NLLB Cottbus | 41:26 | 30 |
|----------------------|------|--------------|-------|----|

3,6 km

M 06/11

| | | | | |
|--------------------|------|------------|-------|----|
| 1. Rotter, Florian | 2002 | LC Cottbus | 20:33 | 30 |
| 2. Bohg, Anthony | 2003 | Döbern | 24:19 | 27 |
| 3. Seiler, Max | 2003 | Emmeringen | 24:33 | 24 |

M 12/13

| | | | | |
|--------------------|------|-----------------------------|-------|----|
| 1. Sperling, Leon | 2001 | Team Sport Freigang Cottbus | 15:22 | 30 |
| 2. Förster, Cedrik | 2001 | SG Grüne Eiche Großthiemig | 15:45 | 27 |

M 60

| | | | | |
|-------------------|------|-------|-------|--|
| 1. Bramkamp, Rolf | 1952 | Forst | 25:01 | |
|-------------------|------|-------|-------|--|

W 06/11

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|-------------------|------|---------------------------|-------|----|
| 1. Halletz, Paula | 2003 | TSG KW Boxberg/Weißwasser | 20:37 | 30 |
|-------------------|------|---------------------------|-------|----|

W 35

| | | | | |
|-----------------|------|-----------------------------|-------|--|
| 1. Geike, Peggy | 1974 | Team Sport Freigang Cottbus | 26:24 | |
|-----------------|------|-----------------------------|-------|--|