

Ergebnisse

1. Lauf im Niederlausitz-Cup 2009

24. Januar 2009 - Forst

55. Forster Neißer-Winterlauf

20 km

M 18/19

| | | | | |
|-------------------|------|------------|---------|----|
| 1. Wienigk, Hardy | 1991 | LC Cottbus | 1:19:03 | 30 |
|-------------------|------|------------|---------|----|

M 20

| | | | | |
|----------------------|------|------------------------|---------|----|
| 1. Schoenig, Michael | 1988 | FLB Cottbus | 1:22:46 | 30 |
| 2. Rotter, Michael | 1982 | FLG Spremberg | 1:30:02 | 27 |
| 3. Habeck, David | 1986 | LT Lausitz Hoyerswerda | 1:45:51 | 24 |

M 30

| | | | | |
|--------------------|------|-----------------------------------|---------|----|
| 1. During, Sven | 1979 | BSG Sparkasse Spree-Neiße Cottbus | 1:20:49 | 30 |
| 2. Schulz, Steffen | 1976 | SV Großräschen | 1:27:59 | 27 |
| 3. Gubatz, Ronny | 1979 | LG Vetschau | 1:36:56 | 24 |

M 35

| | | | | |
|---------------------|------|----------------------------|---------|----|
| 1. Worlitz, Gordon | 1972 | LTSV Forst 1990 | 1:29:07 | 30 |
| 2. Blohm, Percy | 1971 | 1. RLV Eisenhüttenstadt 02 | 1:31:37 | 27 |
| 3. Keilwagen, René | 1972 | NLLB Cottbus | 1:32:49 | 24 |
| 4. Skeries, Frank | 1972 | BSG Pneumant Fürstenwalde | 1:35:18 | 22 |
| 5. Piskorski, Bernd | 1971 | LWG Cottbus | 1:40:07 | 21 |

M 40

| | | | | |
|-----------------------|------|---------------------------|---------|----|
| 1. Riedmann, Johann | 1969 | LT Lausitz Hoyerswerda | 1:21:10 | 30 |
| 2. Misera, Dr. Silvio | 1969 | Die Rennschnecken Cottbus | 1:22:22 | 27 |
| 3. Hundsdörfer, Sven | 1966 | LTSV Forst 1990 | 1:23:38 | 24 |
| 4. Unruh, René | 1967 | LT Lausitz Hoyerswerda | 1:27:41 | 22 |
| 5. Buder, Axel | 1966 | Cottbus | 1:28:13 | 21 |
| 6. Schroth, Hagen | 1969 | TSV Cottbus | 1:28:22 | 20 |
| 7. Knapik, Roman | 1966 | LC Cottbus | 1:31:02 | 19 |
| 8. Lippert, Torsten | 1965 | LTSV Forst 1990 | 1:33:43 | 18 |
| 9. Kahle-Böhlig, Jens | 1966 | LTSV Forst 1990 | 1:36:06 | 17 |

M 45

| | | | | |
|------------------------|------|---------------------------|---------|----|
| 1. Herke, Wolfgang | 1963 | LG Buchsbaum Berlin | 1:19:33 | 30 |
| 2. Brunsch, Ingolf | 1960 | LTSV Forst 1990 | 1:23:16 | 27 |
| 3. Schulze, Thomas | 1964 | TSV Cottbus | 1:29:46 | 24 |
| 4. Hertam, Olaf | 1963 | LG Vetschau | 1:32:23 | 22 |
| 5. Bergmann, Aldo | 1961 | LTSV Forst 1990 | 1:33:01 | 21 |
| 6. Roßberg, Volker | 1964 | T-Rex-Team Peitz | 1:33:01 | 20 |
| 7. Grisk, Detlef | 1960 | LG Vetschau | 1:35:42 | 19 |
| 8. Balog, Gyula | 1964 | SV Großräschen | 1:38:36 | 18 |
| 9. Liebe, Wolf-Ullrich | 1960 | BSG Pneumant Fürstenwalde | 1:39:30 | 17 |
| 10. Trautmann, Enrico | 1960 | LG Vetschau | 1:41:52 | 16 |
| 11. Heinrich, Torsten | 1962 | Bike-Alien Cottbus | 1:50:36 | 15 |
| 12. Prescher, Thomas | 1962 | Cottbuser Parkläufer | 1:54:09 | 14 |

M 50

| | | | | |
|-------------------------|------|----------------------------|---------|----|
| 1. Pakalski, Norbert | 1957 | BSG Pneumant Fürstenwalde | 1:30:40 | 30 |
| 2. Schirmer, Hartmut | 1959 | SV Wacker Komptendorf | 1:31:11 | 27 |
| 3. Matz, Jürgen | 1958 | Dresden | 1:31:58 | 24 |
| 4. Antoszewski, Peter | 1958 | 1. RLV Eisenhüttenstadt 02 | 1:37:04 | 22 |
| 5. Rul, Wladimir | 1956 | LT Lausitz Hoyerswerda | 1:37:34 | 21 |
| 6. Hartmann, Harald | 1958 | NLLB Cottbus | 1:38:49 | 20 |
| 7. Kamilla, Horst Alwin | 1957 | Wiesengrund/OT Jethe | 1:39:32 | 19 |
| 8. Hansel, Andreas | 1959 | Teichland Radler Maust | 1:46:14 | 18 |
| 9. Florich, Volkmar | 1955 | RBB-Laufbewegung Cottbus | 1:56:53 | 17 |

M 55

| | | | | |
|---------------------------|------|--------------------|---------|----|
| 1. Grünwald, Günter Franz | 1952 | NLLB Cottbus | 1:32:49 | 30 |
| 2. Röthig, Gerd | 1951 | LG Wartturm Niesky | 1:33:19 | 27 |
| 3. Przychodzki, Frank | 1954 | Forst | 1:47:50 | 24 |

M 60

| | | | | |
|-------------------|------|-------------------------|---------|----|
| 1. Pfennig, Dirk | 1948 | LTSV Forst 1990 | 1:51:13 | 21 |
| 2. Wenk, Bernhard | 1949 | WKB Piast Wroclaw/Polen | 1:57:07 | |

10,32 km**M 12/13**

| | | | | |
|------------------------|------|--------------|-------|----|
| 1. Hartmann, Christian | 1997 | NLLB Cottbus | 50:35 | 30 |
|------------------------|------|--------------|-------|----|

M 14/15

| | | | | |
|------------------|------|------------|-------|----|
| 1. Schulze, Eric | 1994 | LC Cottbus | 47:28 | 30 |
|------------------|------|------------|-------|----|

M 16/17

| | | | | |
|----------------------|------|---------|-------|----|
| 1. Vollrath, Patrick | 1993 | Cottbus | 55:15 | 30 |
|----------------------|------|---------|-------|----|

M 20

| | | | | |
|-----------------------------|------|------------------------|-------|----|
| 1. Müller, Philipp-Johannes | 1986 | Caputher SV 1881 | 40:12 | 22 |
| 2. Masur, Marco | 1982 | Running Crew Ebersbach | 42:37 | 21 |
| 3. Sudermann, Paul | 1983 | Team Sudermann | 45:49 | |
| 4. Jank, Danny | 1984 | Forst | 53:37 | 20 |
| 5. Wäsche, Christian | 1983 | Peitz | 56:08 | 19 |

M 30

| | | | | |
|------------------------|------|----------------------|---------|----|
| 1. Geiger, Jens | 1977 | SMV Eisenhüttenstadt | 40:04 | 22 |
| 2. Linke, Christian | 1978 | Forst | 46:49 | 21 |
| 3. Herrmann, Sebastian | 1979 | LTSV Forst 1990 | 58:10 | 20 |
| 4. Lucask, Jens | 1977 | LG Vetschau | 1:03:19 | 19 |

M 40

| | | | | |
|-------------------|------|---------------------------|-------|----|
| 1. Schaepe, Lutz | 1966 | BSG Pneumant Fürstenwalde | 44:30 | 16 |
| 2. Beer, Carsten | 1967 | TSG KW Boxberg/Weißwasser | 50:56 | 15 |
| 3. Katzmann, Dirk | 1966 | LG Vetschau | 59:36 | 14 |

M 45

| | | | | |
|-----------------------|------|-----------------------------|-------|----|
| 1. Malig, Ralf | 1961 | Bowlingclub Senftenberg | 42:09 | 13 |
| 2. Pehle, Thomas | 1963 | SV Steinsdorf | 42:22 | 12 |
| 3. Busse, Ingo | 1962 | LTSV Forst 1990 | 42:55 | 11 |
| 4. Bergholz, Jens | 1963 | BSG Pneumant Fürstenwalde | 43:19 | 10 |
| 5. Jauer, Bernd | 1963 | Team Sport Freigang Cottbus | 52:55 | 9 |
| 6. Hedelt, Jörg-Mario | 1964 | Teichland Radler Maust | 55:18 | 8 |

M 50

| | | | | |
|-----------------------|------|----------------------|-------|----|
| 1. Wegner, Frank | 1959 | TSV Cottbus | 44:58 | 16 |
| 2. Briesemann, Roland | 1957 | LTSV Forst 1990 | 45:05 | 15 |
| 3. Trojansky, Lothar | 1959 | SMV Eisenhüttenstadt | 45:39 | 14 |
| 4. Ulrich, Bernd | 1956 | LTSV Forst 1990 | 47:07 | 13 |
| 5. Handreck, Harald | 1958 | LTSV Forst 1990 | 55:52 | 12 |

M 55

| | | | | |
|--------------------|------|---------------------------|-------|----|
| 1. Sbrzesny, Lutz | 1950 | BSG Pneumant Fürstenwalde | 45:08 | 22 |
| 2. Rejke, Bernhard | 1953 | Cottbus | 57:29 | 21 |

M 60

| | | | | |
|-------------------------|------|----------------------|-------|----|
| 1. Kühne, Dr. Martin | 1949 | Cottbuser Parkläufer | 42:31 | 30 |
| 2. Oppitz, Siegbert | 1945 | FLB Cottbus | 46:14 | 27 |
| 3. Braeuer, Dr. Dietmar | 1947 | NLLB Cottbus | 50:41 | 24 |
| 4. Kunze, Peter | 1945 | LTSV Forst 1990 | 58:01 | 22 |

M 65

| | | | | |
|----------------------|------|----------------------------|-------|----|
| 1. Bremer, Bernd | 1943 | ASC Grün-Weiß Finsterwalde | 50:26 | 30 |
| 2. Petzold, Wolfgang | 1944 | NLLB Cottbus | 51:57 | 27 |
| 3. Katzmann, Karl | 1941 | LG Vetschau | 53:55 | 24 |
| 4. Frieß, Horst | 1940 | LTSV Forst 1990 | 55:38 | 22 |
| 5. Krowitzky, Heiner | 1942 | NLLB Cottbus | 56:28 | 21 |

M 70

| | | | | |
|----------------------|------|-----------------|---------|----|
| 1. Primke, Siegfried | 1939 | LTSV Forst 1990 | 49:22 | 30 |
| 2. Schulz, Dieter | 1937 | LTSV Forst 1990 | 57:35 | 27 |
| 3. Tinius, Hans | 1935 | NLLB Cottbus | 58:36 | 24 |
| 4. Otto, Klaus | 1938 | NLLB Cottbus | 1:00:57 | 22 |

M 75

| | | | | |
|------------------|------|-----------------|---------|----|
| 1. Hohmann, Leo | 1933 | ESV Lok Potsdam | 56:35 | 30 |
| 2. Miek, Ehrhard | 1933 | LTSV Forst 1990 | 1:04:18 | 27 |
| 3. Beyer, Klaus | 1932 | LG Vetschau | 1:04:39 | 24 |

M 80

| | | | | |
|----------------------|------|--------------|---------|----|
| 1. Noack, Karl-Heinz | 1928 | NLLB Cottbus | 1:10:37 | 30 |
|----------------------|------|--------------|---------|----|

W 14/15

| | | | | |
|---------------------|------|------------|-------|----|
| 1. Piskorski, Laura | 1994 | LC Cottbus | 53:46 | 30 |
|---------------------|------|------------|-------|----|

W 18/19

| | | | | |
|-----------------|------|----------------|---------|----|
| 1. Balog, Susan | 1991 | SV Großräschen | 1:04:49 | 30 |
|-----------------|------|----------------|---------|----|

W 20

| | | | | |
|-------------------|------|-----------------|-------|----|
| 1. Hermann, Diana | 1982 | LTSV Forst 1990 | 51:35 | 30 |
|-------------------|------|-----------------|-------|----|

W 30

| | | | | |
|---------------------|------|-----------------|-------|----|
| 1. Bartsch, Kerstin | 1977 | LTSV Forst 1990 | 49:55 | 30 |
| 2. Syp, Peggy | 1975 | ALG Löcknitztal | 54:05 | 27 |

W 35

| | | | | |
|---------------------|------|-----------------------|-------|----|
| 1. Erben, Susan | 1970 | LC Cottbus | 47:06 | 30 |
| 2. Roßberger, Yvett | 1971 | LTSV Forst 1990 | 47:53 | 27 |
| 3. Gunsilius, Jana | 1970 | SV Wacker Komptendorf | 50:43 | 24 |

W 40

| | | | | |
|-------------------|------|-----------------------------|-------|----|
| 1. Busse, Sibylle | 1965 | Team Sport Freigang Cottbus | 48:34 | 30 |
| 2. Heret, Claudia | 1968 | BSG Pneumant Fürstenwalde | 54:21 | 27 |

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|-----------------------|------|---------------------------|---------|----|
| 3. Selle, Christiane | 1964 | LTSV Forst 1990 | 55:14 | 24 |
| W 45 | | | | |
| 1. Schwarz, Christina | 1961 | TSG KW Boxberg/Weißwasser | 51:01 | 30 |
| 2. Handreck, Petra | 1962 | LTSV Forst 1990 | 51:15 | 27 |
| 3. Besold, Ulla | 1960 | TSG KW Boxberg/Weißwasser | 51:39 | 24 |
| 4. Kretschmer, Sabine | 1964 | LG Wartturm Niesky | 53:09 | 22 |
| 5. Rösler, Heike | 1963 | LTSV Forst 1990 | 53:50 | 21 |
| W 50 | | | | |
| 1. Neumann, Cornelia | 1959 | LC Cottbus | 47:22 | 30 |
| 2. Förster, Ingrid | 1958 | Groß Schacksdorf | 55:24 | 27 |
| W 55 | | | | |
| 1. Braeuer, Adelheid | 1953 | NLLB Cottbus | 1:04:53 | 30 |
| W 65 | | | | |
| 1. Winkler, Christa | 1941 | Forst | 59:02 | 30 |
| W 70 | | | | |
| 1. Lerche, Ruth | 1936 | LTSV Forst 1990 | 1:09:24 | 30 |

5 km

| | | | | |
|------------------------|------|---------------------------|-------|----|
| M 06/11 | | | | |
| 1. Körber, Justin | 1998 | LTSV Forst 1990 | 24:38 | 30 |
| 2. Karras, Ivo | 2001 | LTSV Forst 1990 | 25:32 | 27 |
| 3. Wienigk, Leo | 1998 | SV Neptun 08 Finsterwalde | 27:46 | 24 |
| 4. Selle, Frederik | 1998 | LTSV Forst 1990 | 27:49 | 22 |
| 5. Jurtz, Danny | 1999 | Cottbus | 33:47 | 21 |
| M 12/13 | | | | |
| 1. Karras, Conny | 1996 | LTSV Forst 1990 | 22:18 | 27 |
| 2. Bergmann, Max | 1997 | LTSV Forst 1990 | 30:13 | 24 |
| M 14/15 | | | | |
| 1. Niklaus, Danny | 1995 | Cottbus | 27:08 | 27 |
| M 20 | | | | |
| 1. Schulze, Roman | 1983 | SV Süden Forst | 21:01 | 18 |
| M 40 | | | | |
| 1. Schönfeld, Karsten | 1968 | Forst | 25:07 | 13 |
| 2. Haß, Thoralf | 1967 | LTSV Forst 1990 | 27:08 | 12 |
| M 45 | | | | |
| 1. Karras, Hans-Jürgen | 1961 | LTSV Forst 1990 | 25:33 | 7 |
| W 06/11 | | | | |
| 1. Beer, Jasmin | 1998 | TSG KW Boxberg/Weißwasser | 22:42 | 30 |
| 1. Roßberger, Isabell | 2000 | SV Döbern | 25:10 | 27 |
| 3. Roß, Svenja | 1999 | SV Wacker Komptendorf | 25:16 | 24 |
| 4. Roßberger, Janina | 1998 | LTSV Forst 1990 | 26:06 | 22 |
| 5. Erben, Johanna | 1998 | Forst | 30:58 | 21 |
| W 14/15 | | | | |
| 1. Lange, Corinna | 1994 | Cottbus | 29:30 | 27 |

W 60

| | | | | |
|----------------------|------|-----------------|-------|----|
| 1. Nattke, Gisela | 1945 | LTSV Forst 1990 | 30:13 | 30 |
| 2. Krowitzky, Regina | 1945 | NLLB Cottbus | 31:41 | 27 |